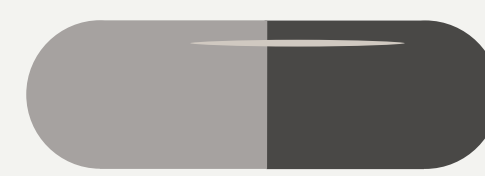


# WHAT CAN CAUSE TINNITUS?

Drinking caffeine (e.g. coffee, tea, cola) may exacerbate your tinnitus



Exposure to loud sounds can damage delicate sensory cells of the inner ear



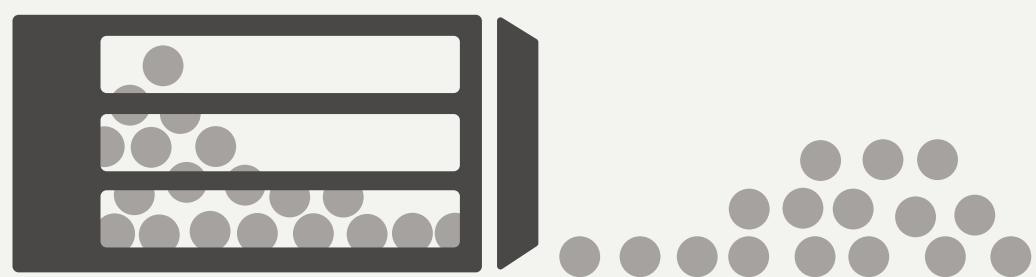
Consuming excessive amounts of aspirin or antibiotics may exacerbate your tinnitus



Smoking may lead to high blood pressure and exacerbate tinnitus



If you are stressed this may exacerbate your tinnitus



Salt restricts the blood flow to your ears and may thereby exacerbate your tinnitus

Drinking alcohol may lead to high blood pressure and exacerbate tinnitus



**WIDEX**

SOUND LIKE NO OTHER