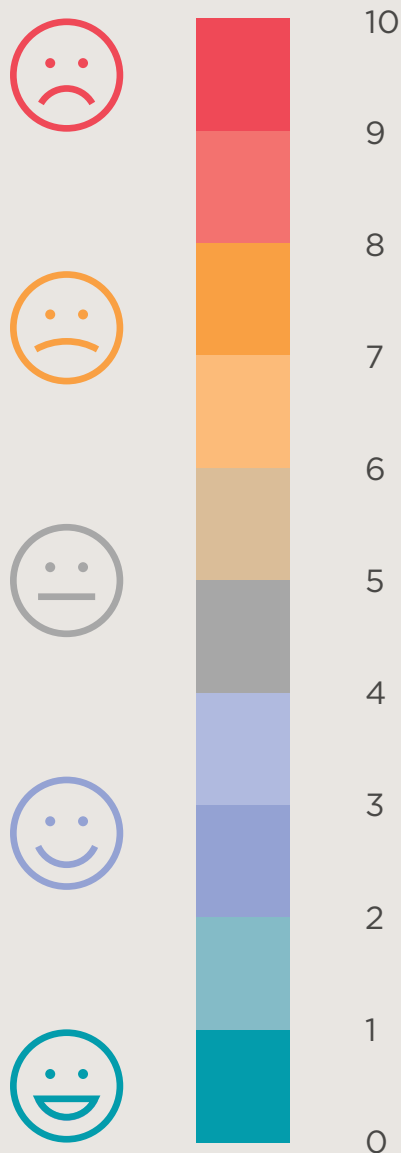
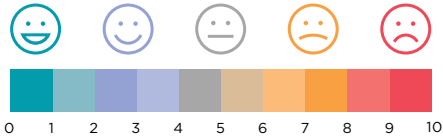
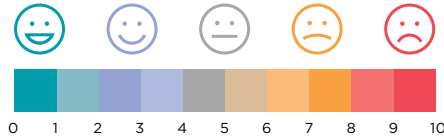
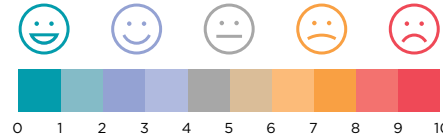


TINNITUS THERMOMETER

10 = Worst possible tinnitus
0 = No tinnitus



CLIENT'S NAME:

	DATE:	REF:	DATE:	REF:	DATE:	REF:
<p>1 When you think of tinnitus, what do you think of? Say one or two words that describes how you feel about it.</p>						
<p>2 What do you expect from this appointment?</p>						
<p>3 During the past week, was there a time when your tinnitus was less bothersome?</p>						
<p>4 Mark the number between 0-10 that best describes how much tinnitus has bothered you in the past week, including today. 0 = No tinnitus 10 = Worst possible tinnitus</p>						

Many thanks to the Ida Institute for their kind permission to use this resource.