

WIDEX ZEN|SOUNDRELAX™ FITTING: CONSIDERATIONS FOR UNIQUE CASES

This guide will show you how to complete a Widex Zen|SoundRelax hearing aid fitting in COMPASS[™] GPS for those clients who may have different needs. This includes fitting those without hearing loss, those needing a sleep program and those using it for relaxation.

For more information on performing a foundational Widex Zen|SoundRelax hearing aid fitting, please refer to: "STEP-BY-STEP GUIDE TO A WIDEX ZEN|SOUNDRELAX FITTING."

CLIENTS WITHOUT HEARING LOSS

If the client with tinnitus does not require amplification, perform an open hearing aid fitting.



Click on the FITTING tab in Compass GPS and then on SENSOGRAM in the sidebar on the lefthand side.



Enter values between 10 – 15 dB for a flat 'hearing loss' in the underlined Sensogram blocks.

SESSION START SELECTION	FITTING	FINE T	UNING	LO	G		IDLING	0
						Q	Ð	-1
ITTING	R dB HL	Sensograr	n			_		
Overview	20				-	-		
Feedback test	40							
Sensogram	60							
	80		_					
ORE TOOLS	100						-	
AutoREM	120							
Adaptation	140	125 250	500 1	x 2k	4k	8k	Hz	
Audiometry	Sensogram							
Rationale	Required free	quencles r	not measu	red				
	250 500	750 1k	1.5k	2k	3k	4k	6k	8
			1.5k		3k			6k

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Create a Zen/Relax program by navigating to FINE TUNING > PROGRAM MANAGER and selecting ZEN+/RELAX+ under SmartToggle. For more detailed instructions on creating a program, refer to the aforementioned step-by-step guide.



After selecting the desired Zen or Relax styles, click on the SETTINGS cogwheel icon next to the relevant style. A STYLE SETTINGS window with settings for tempo, volume, and pitch will open.

Selected styles	↑ ↓ C	
A 🕅 Relax - breeze		
B 2 Relax - fall	Choose settings for the style	
C 28 Relax - swells		



In the SETTINGS window, click on the checkbox entitled MICROPHONE, so that it is deselected, i.e. the hearing aid microphone is switched off.

SESSION START	SELECTION	Style settings			
		Style A: Rela	x - breeze		
	(R			
ØPOOC	SC -	Microphone		Noise options	5
Turn the hearing aid mi	crophone on or off	for the selected style		No noise	•
Turn are nearing ald the	cropmone off of off	TOT THE SCIECED SLYIC	Tempo		
P Program manag	jer	0			_



Save your fitting session in Compass GPS as per usual.



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CLIENTS WHO NEED A SLEEP OR RELAXATION PROGRAM

It is generally not recommended to sleep while wearing hearing aids, but for some people with tinnitus, they may prefer to wear hearing aids at bedtime rather than experience severe tinnitus annoyance. The same steps can be followed if your client would like a relaxation program to use, for example, during meditation.



Create a Zen/Relax program by navigating to FINE TUNING > PROGRAM MANAGER and selecting ZEN+/RELAX+ under SmartToggle. For more detailed instructions on creating a program, refer to the aforementioned step-by-step guide.



Select a desired Zen/Relax style and add it to SLOT C. Afterwards, click on the SETTINGS cogwheel icon next to the style in Slot C.



In the STYLE SETTINGS window, turn off the hearing aid microphone by click on the checkbox next to MICROPHONE.

Style C: Relax - swells		
0		
Microphone	Microphone	



Close the Style Settings window and navigate to the OPTIONS tab. Under LIMITED PLAY TIME, click on the checkbox for SLOT C. Select the desired play time duration from the dropdown menu.

Style selection	Options	Gain and compression	Sound classes
		[Limited play time A breeze B fall C swells
			Limited play time duration



Save your fitting session in Compass GPS as per usual.