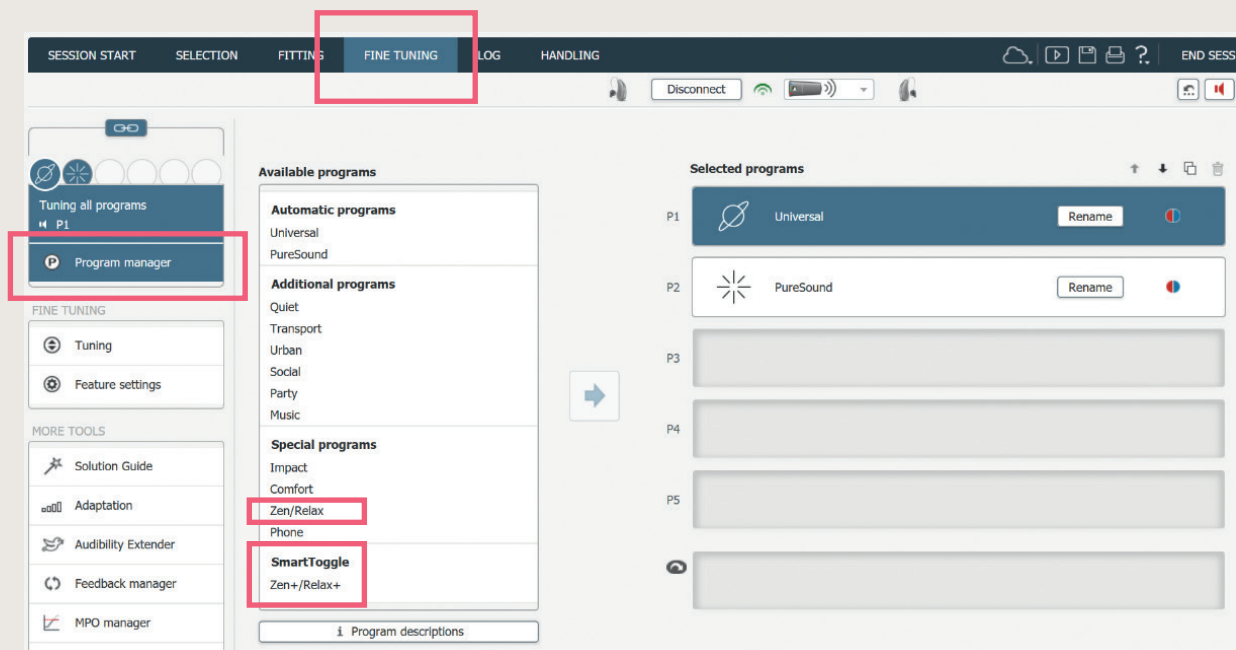


# STEP-BY-STEP GUIDE TO A WIDEX ZEN|SOUNDRELAX™ FITTING

This guide will show you how to complete a basic Widex Zen|SoundRelax hearing aid fitting in COMPASS™ GPS. While Widex Zen is aimed at clients with tinnitus, Widex SoundRelax tones can be used for clients with or without tinnitus, for well-being, relaxation and focus purposes.



1

We recommend completing the basic first fit steps, including the SENSOGram and the FEEDBACK TEST. This will ensure that the hearing aid settings are first and foremost programmed optimally for the client's hearing loss, taking into account their unique ear canal acoustics.

2

Click on the FINE TUNING tab and select the PROGRAM MANAGER.

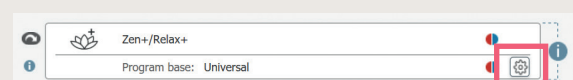
3

Underneath the SmartToggle category in Available programs, select ZEN+/RELAX+. Click the arrow to move it to the Selected programs section. You can also double click on the program name to add it.

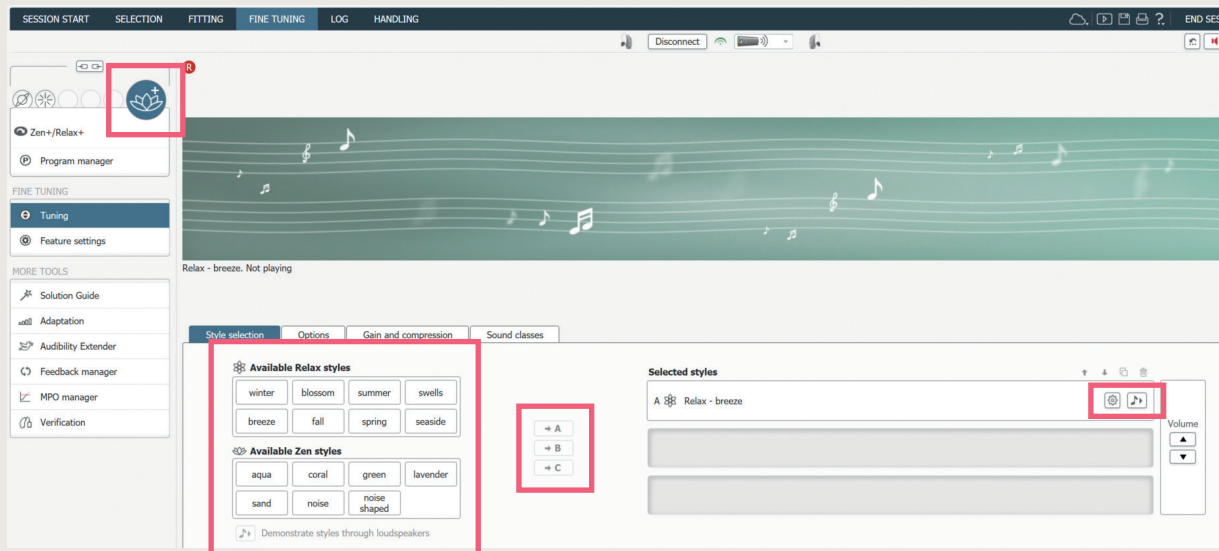
TIP: If you want your client to be able to access a Zen/Relax program without an app or RC-DEX, select Zen/Relax underneath the Special programs section. However, only one Zen/SoundRelax tone can be selected with this option and the hearing aid push button is used to switch programs..

4

The Zen/Relax program can be based on the programs that have already been programmed in the first fit. You can change this program base by clicking on the SETTINGS cogwheel icon next to the selected Zen+/Relax+ program.



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5

To access the Zen+/Relax+ programs for further programming, double click the Zen LOTUS icon which has now appeared in the programs bar.

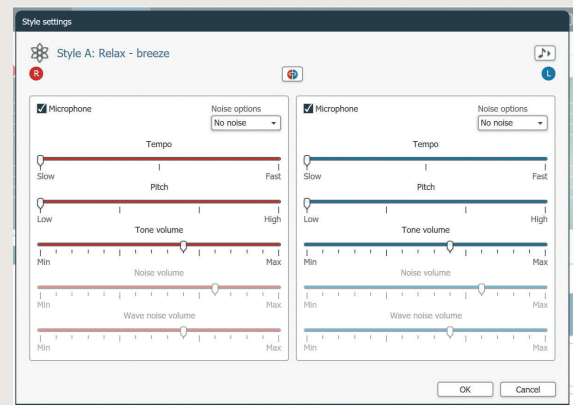
6

You can select up to three different Zen/Relax styles by clicking on one of the styles and then one of the arrow buttons for Slot A, B or C.

TIP: To demo the available styles to your client, you can play them through your PC loudspeakers or directly through the hearing aid after selecting the style.

7

To adjust individual settings for each selected style, click on the SETTINGS cogwheel icon next to the relevant style. You can adjust the tempo, pitch and volume of each style, as well as add noise to the style.



REMEMBER: Verify that the Zen/Relax tones are audible, but relatively soft; do not interfere with conversational speech; and that the volume of the tones is set to decrease the tinnitus awareness.

8

Save your Zen/Relax programs by saving your fitting session in Compass GPS as per usual.

TIP: If you're ever unsure of what a particular feature or setting in Compass GPS is, hover your mouse over the name and a short explanation will appear.